

Meals and More

“We Deliver”

www.cssmidland.org

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Spring 2010

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Gale Sears entertains the audience with tales of her Meals-on-Wheels clients.

Route Changes Driver’s Life

They came in all shapes and sizes and from a variety of backgrounds. They surprised and amused Carol, the Meals-on-Wheels driver, and elicited from the middle-aged empty nester a flood of empathy and concern that she didn’t realize was nestled beneath the surface of her emotions.

“They” were the colorful clients who greeted Gale Sears during her two years delivering Meals-on-Wheels. She wrote about that phase in her life – using the fictional name Carol – and her colorful clients in “The Route.” She brought these people to life when talking to an audience of about 260 people attending a Meals-on-Wheels fund-raising luncheon at Green Tree Country Club on April 22. This event also celebrated volunteers in conjunction with “National Volunteer Week.” Many people in the audience were volunteer drivers with the Meals-on-Wheels program and identified with the book’s clients, laughing knowingly at the characterizations.

Among the meal recipients were Viola, the ornery stylist of the Airstream; Ladora, who decorated her apartment with dime-store purchases; and Lucille, who was caretaker of her daughter Betty. Each week, Carol stepped closer to the clients and their lives.

“After reading her delightful book, we were thrilled to have Gale Sears as our keynote speaker for ‘The Route: A Life-Changing Delivery.’ It was a very successful first-time fundraiser,” Development Director Kobi Nix said. “Gale revealed her compassionate heart throughout her presentation.”

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Wambaugh
Peggy and Dean Byrom
Susie and Don Evans
Ann and Bill Kleine
Rhodes Family Foundation
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Copies of ‘The Route’ on Sale

Get your copy of “The Route” for \$15 at Community & Senior Services, 3301 Sinclair, 689-6693. Proceeds benefit Meals-on-Wheels.

CSS MISSION

To improve the quality of life of Midlanders by providing an array of services to help them maintain health, dignity, and independence as they grow older.

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Meals and More is a quarterly newsletter published by Community & Senior Services. For more information, call 689-6693. Office hours are 8 a.m. to 5 p.m. Monday – Friday. CSS is an Equal Opportunity Employer.

TOE-TAPPING FUN



Dancing With Stars

RSVP Program Director Saul Herrera, left photo, and Program Coordinator Jeannette Morales hand out awards at the Second Annual Dancing with the Stars event on April 29. More than 140 RSVP members enjoyed dancing, dining and professional photography by Hendershot Studio.

Awards Go to Top Grandparents



The Foster Grandparent Program recognized its volunteers at the Ninth Annual Volunteer Recognition Banquet that was themed "Messages Through Mentoring." Earning 2010 Presidential Awards for 4,000 or more hours of service are in photo at left, Geneva Mills, Mary McFarlin, Pat Hinojosa and Virginia Bonner. Receiving the Second



Annual Humana Distinguished Service Award was Ethel Mapp, shown left in photo at right. With her are Hal Combs and Lynn Rinal, the Humana representative. Ethel was nominated by Kelly Hamm, first grade teacher at Washington Magnet School, for her dedicated eight years of service to the Foster Grandparent Program.

A Spring Surprise



Volunteers help with packing the Happy Spring! bags with items purchased by the SIP group.



Early College High School Students in Philanthropy Program used funds received from a Meadows Foundation grant to purchase and prepare over 100 "Snack Packs" for Meals-on-Wheels clients. The packs included diabetic friendly crackers, fruit snacks, and even a pair of warm socks!



Sweet Soul Dessert Bar captured the Best Dessert Award.



Elvis entertains the gourmet crowd, left photo. Gourmet Gala Chairman Linda Bernal, right photo, samples Gigi's Cupcakes.

An Evening In Good Taste

Community & Senior Services would like to thank the following restaurants and vendors for participating in Gourmet Gala held March 11 at Midland Center. The event benefits Meals-on-Wheels:

Cake Artistry; Cancun Grill; Carino's Italian Restaurant; Charlas Restaurant and Bar; Chick-fil-A Midland Park Mall; Clear Springs Café; Cocoa Bliss; Fleur De Lis Foods; Gigi's Cupcakes; Gerardo's Casita; Harrigan's Grill & Bar; H-E-B; Hooters; Jason's Deli; Johnny's BBQ & Diner; Olive Garden; Outback Steakhouse; Susie's South Forty Confections; Starbucks; Sweet Soul Dessert Bar; Texas Refreshments; Texas Roadhouse & Wall Street Bar & Grill.

The following were this year's winners:

- Best Appetizer:** Fleur de lis Foods
- Best a la Carte:** H-E-B
- Best Entrée:** Texas Roadhouse
- Best Dessert:** Sweet Soul Dessert Bar
- Best Booth:** Susie's' South 40 Confections

Sponsors Add Spice to Event

Special Thanks also to our Sponsors:
Frances & Jack Brown

And thanks also to: Elizabeth and Herb Blankinship; B'nai B'rith Lodge #2409; BP; Mr. & Mrs. Ronald A. Britton; Mr. & Mrs. M.A. Custer; Discovery Operating; Exploration Geophysics, Inc.; Griffin Petroleum; Rosalind & Arden Grover; Pat & Joe Henderson; Henry Resources; Patricia and William Kern; Jane & Charles Koch and Wanda & Ken Sewell; Key Energy; Shirley A. Mays; Midland Memorial Hospital; Carol & Jerry Pitts; Mrs. Vee Ross; S&M Pharmacy; Dr. & Mrs. Robert Sheets-Vision Healthcare Specialties; Mr. & Mrs. Al Vogel; Lissa & Cy Wagner; West Texas National Bank; and Western National Bank.



Texas Roadhouse garnered the Best Entree Award for its samples of steak and ribs.

CSS offers you a great way to eliminate unwanted items while benefiting others. And, you could also be gaining a tax benefit by donating those items no longer useful to you.

What kind of items can be donated?

Here are a few:

- Vehicles, such as cars, boats and RVs
- Airline miles
- Time shares
- Jewelry
- Collectibles and antiques

- LLP, LLC, Partnership interests
- Real estate
- Publicly traded stock
- Corporate inventory
- Equipment



GIVING: Without Pain

CONTRIBUTIONS/ DONATIONS

January 1, 2010 through May 1, 2010

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Beth Zachry
 Mrs. Vera Zachry

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Betty Shaffer
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 Ms. Whitney Walsh
 Mrs. Annette O. Wambaugh
 Mr. Fred Wash
 Ms. Karen Watkins
 West Texas National Bank
 Western National Bank

**The Route
Memorials/Honorarium**

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Max Curry
 Mrs. Wyoma G. Whitlow

John Mills
 Mrs. Wyoma G. Whitlow

In Honor Of...

Arleen Armstrong
 Joan Holt

Church on the Journey
 Judith Roper

Kelly Ives
 Joan Holt

Plyna Nesbitt
 Mr. & Mrs. Jay Horton

Carolyn Roden
 Mrs. Carolyn Winkler



Autographing copies of "The Route" for two women who attended the April luncheon is author Gale Sears, seated at left.

Donate Your 'Stuff' to CSS It's Spring! Time to Clean the Closets

The flowers are blooming; the birds are chirping "Spring has sprung," and the time has come to clean out your house! Now...what to do with all that stuff? Call the Texas-Size Garage Sale at 689-6693 to donate your gently used treasures. These items you no longer need are treasures to someone else. At the Texas-Size Garage Sale, Moms and Dads start their Christmas shopping, newlyweds furnish their apartments, and treasure seekers discover new finds. Call us and we will schedule a time to pick up those treasures. This is one fundraiser where everyone wins!

21st ANNUAL GARAGE SALE SPONSORSHIP AND/OR DONATION

Your donation is important. We deliver more than 500 meals every day! Any amount is appreciated, but consider this...

\$100 buys	25 meals	\$1,200 buys	300 meals
\$500 buys	125 meals	\$1,500 buys	375 meals
\$1,000 buys	250 meals	\$2,000 buys all 500 meals for one day!	

Your donation to Meals-on-Wheels is vital.

Please consider one of the above amounts and write your check today.

It benefits a great cause, your money stays in Midland – and you will feel good about it!

NAME _____ PHONE _____
 ADDRESS _____
 DONATION AMOUNT _____ E-MAIL ADDRESS _____

Please Clip and Mail to: Community & Senior Services, 3301 Sinclair, Midland, TX 79707

Please remember Community & Senior Services in your wills and trusts.



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